

ADULT MEMBER WAIVER AND RELEASE AND ASSUMPTION OF RISK

I hereby agree that my participation in the _____ Class, is on the following conditions:

1. I fully understand that my participation in the Class may expose me to the risk of property damage, illness, personal injury or death. I hereby acknowledge that I am voluntarily assuming any such risks and agree that I will be participating in the Class upon the express agreement and understanding that I, on behalf of my heirs and assigns, **HEREBY RELEASE, DISCHARGE AND AGREE NOT TO SUE** the Ladera Ranch Maintenance Corporation (“LARMAC”), Ladera Ranch Community Services (LARCS), and their respective officers, directors, agents and/or employees (collectively referred to as the “Association”) for any illness, injury, death, or damage to or loss of personal property arising out of, or in connection with, my participation in the class, from whatever cause, including the active or passive negligence of the Association or any other participants. I also agree to indemnify, defend and hold the Association harmless from any and all liability, claims, suits or judgments arising out of, or in connection with, my participation. By this agreement, it is my intention to relieve the Association of any duty to me without limitation, and I assume the entire risk of any illness, injury, death or damage, which might occur during or as a result of my participation in the class.
2. I represent to the Association that I am physically capable of participating in the Class, in light of my prior health history, age, weight and general mental and physical condition and that I have consulted with my physician before making such representation.
3. I acknowledge and agree that a condition of my participation in the Class that I shall adhere to the rules and regulations for use of the facilities.
4. In the event I suffer any injury, I agree to report same in writing to the Association within three (3) days from the date thereof.

I hereby execute and deliver this Waiver and Release and Assumption of Risk Agreement to induce the Association to permit me to participate in the class and as consideration for the same, and I represent that I have taken the time to carefully read, and that I understand, the language of this Waiver and Release and Assumption of Risk Agreement. **I AM AWARE THAT THIS IS A FULL RELEASE OF ALL LIABILITY AND A CONTRACT BETWEEN MYSELF AND THE ASSOCIATION AND SIGN IT OF MY OWN FREE WILL.**

Please sign in space provided below:

Name: _____ Date: _____

Address: _____

Phone: _____

Signature: _____